

Choice Champions



What is Responsible Decision-Making?

It means thinking about what’s right and safe before you choose what to do.

Responsible Decision-Making
4th-5th grade

✓ People approach decisions differently. Check the statements that apply to you:


- ☐ I usually make decisions quickly without much thought
- ☐ I tend to put off decisions until the last minute
- ☐ I like to gather lots of information before deciding
- ☐ I often change my mind after making a decision
- ☐ I usually ask others what they think I should do
- ☐ I prefer to think through options on my own
- ☐ I consider how my decisions will affect others
- ☐ I think about my values when making choices

Based on your checks, how would you describe your decision-making style?

Decision Making Processes

1₂**3** A good decision-making process helps us make better choices. Put these steps in order (1-6):

Steps	Order (1-6)
Consider consequences of each option	
Gather relevant information	
Make the decision and act on it	
Identify the decision to be made	
Generate possible options	
Evaluate the results	

 Apply the model above to a decision you're currently facing or one you made recently:

What's the decision?

Explore possible options:

1. _____

2. _____

3. _____

Consider consequences of each option:

Option 1 consequences: _____

Option 2 consequences: _____

Option 3 consequences: _____

Decide on the best option and why:

Values & Ethical Decision Making



Values are principles that guide our decisions.
Rate how important each value is to you:

1 = Not Important

5= Very Important

Area	Rating
Honesty (truthfulness and integrity)	
Responsibility (being accountable for choices you make)	
Fairness (treating others equally)	
Kindness (showing care and compassion)	
Respect (treating others how you want to be treated)	
Perseverance (you keep trying even if you fail)	
Independence (self-reliance)	
Cooperation (working well with others)	
Courage (doing what's right even if it's scary)	
Creativity (original thinking)	



For each scenario, identify which values might guide your decision:

You find a wallet with \$20 and ID inside

Values to consider: _____

What you would do: _____

A friend asks to copy your homework

Values to consider: _____

What you would do: _____

You notice someone being teased at recess

Values to consider: _____

What you would do: _____

Analyzing Consequences



Our decisions can have both immediate and long-term effects on ourselves and others.
Complete this consequence web for the following decision:

Scenario: Deciding not to study for an important test

Immediate consequences for **ME**:

Long-term consequences for **ME**:

Consequences for my **FAMILY**:

Consequences for my **TEACHER/CLASS**:

Decision Making Influences



Peer pressure can strongly influence decisions. For each scenario, write how you would respond:

Your friends want you to skip studying for a test to play video games instead:

A group is planning to exclude someone from a party and wants you to agree:

Friends dare you to do something that breaks a school rule:



Think about a decision you made that didn't turn out well:

What was the decision?

What happened as a result?

What would you do differently next time?

What did you learn from this experience?



Based on this worksheet, create a personal plan to improve your decision-making:

One decision-making strength I have is:

One area I want to improve is:

Steps I'll take to make better decisions:

1.

2.

3.
